From: The American Legion
To: Library Division
Subject: [EXTERNAL] - Driven to help U.S. troops
Date: Tuesday, January 7, 2025 8:23:16 AM

This week's Tango Alpha Lima podcast, kicking off season six, features special guest Mazin Mozan, an Iraqi who helped U.S. servicemembers during the war and now serves in the U.S. Army Reserves.

Driven to help U.S. troops

LISTEN HERE

STAY INFORMED

Share on:

Rate and review the podcast

LEARN MORE

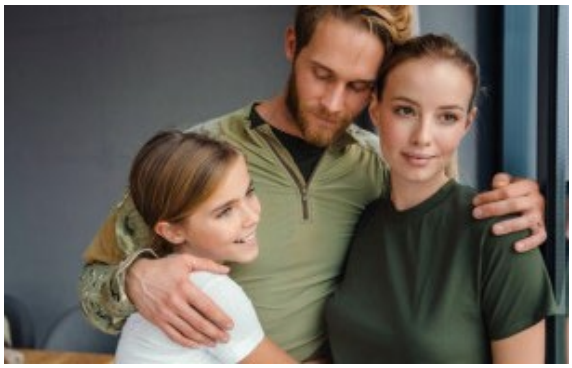
OTHER EPISODES YOU MIGHT ENJOY

War in Iraq

- Meet a female POW who was captured in Iraq
- Meet the author of ‘Ghosts of Baghdad’
- Meet a documentary filmmaker

Health and Fitness

- Navy veteran’s path to better health
- How diet affects mental wellness
- Author reveals ‘How Not to Die’



Military Families

- Meeting the needs of military spouses and children
- Fostering support for Blue Star Families
- Creating hope for those facing food insecurity

Revisit the past 290+ episodes

Suggest a guest or host

The American Legion

700 N. Pennsylvania St. P.O. Box 1055
Indianapolis, IN 46206

View Online

Manage preferences | Unsubscribe

From: The American Legion
To: Library Division
Subject: [EXTERNAL] - A Vietnam POW's story of survival
Date: Tuesday, January 14, 2025 9:16:21 AM

This week's Tango Alpha Lima podcast features special guest former Vietnam POW Lee Ellis, who talks about his captivity, leadership lessons he learned and more.

A Vietnam POW's story of survival

LISTEN HERE

STAY INFORMED

Share on:

Rate and review the podcast

LEARN MORE

OTHER EPISODES YOU MIGHT ENJOY

POWs

- Meet a female POW who was captured in Iraq
- Special 9/11 series: Former POW Jessica Lynch
- Advocating for families of POW-MIAs

Global War on Terrorism

- Meet an Iraqi who helped U.S. troops
- What's next for the Afghanistan War Commission
- Advocating for Afghanistan allies

Health and Wellness

- Navy veteran's path to better health
- How diet affects mental wellness
- Surgeon general's Rx for mental health

Revisit the past 290+ episodes

Suggest a guest or host

The American Legion

700 N. Pennsylvania St. P.O. Box 1055
Indianapolis, IN 46206

View Online

Manage preferences | Unsubscribe

From: The American Legion
To: Library Division
Subject: [EXTERNAL] - A lifeline for veterans
Date: Tuesday, January 21, 2025 7:45:42 AM

This week's Tango Alpha Lima podcast features special guest Mary Gauthier, a Grammy-nominated songwriter, who helps veterans heal through songs.

A lifeline for veterans

LISTEN HERE

STAY INFORMED

Share on:

Rate and review the podcast

LEARN MORE

OTHER EPISODES YOU MIGHT ENJOY

Veterans in Entertainment

- Meet actor and comedian Rob Riggle
- Veteran Powered Films with Julia Ling and Hiram Murray
- Veterans in Entertainment with Barbara Autin

Global War on Terrorism

- Meet an Iraqi who helped U.S. troops
- What's next for the Afghanistan War Commission
- Advocating for Afghanistan allies

POW-MIAs in Their Own Words

- Former Vietnam War POW shares leadership tips
- Meet a female POW who was captured in Iraq
- Special 9/11 series: Former POW Jessica Lynch

Revisit the past 290+ episodes

Suggest a guest or host

The American Legion

700 N. Pennsylvania St. P.O. Box 1055
Indianapolis, IN 46206

View Online

Manage preferences | Unsubscribe

From: The American Legion
To: Library Division
Subject: [EXTERNAL] - Patrick Murphy"s life of service for veterans
Date: Tuesday, January 28, 2025 8:00:27 AM

The Honorable Patrick J. Murphy, the 32nd Army Under Secretary and America's first Iraq War veteran elected to Congress, is this week's Tango Alpha Lima podcast special guest.

Patrick Murphy's life of service for veterans

LISTEN HERE

STAY INFORMED

Share on:

Rate and review the podcast

LEARN MORE

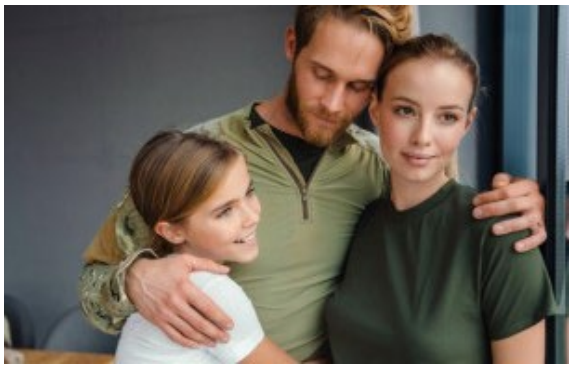
OTHER EPISODES YOU MIGHT ENJOY

National Security

- The view of a combat veteran turned analyst
- Interview with retired Gen. Barry McCaffrey
- Identifying toxins in combat zones

Global War on Terrorism

- From Iraqi veterinarian to U.S. Army reservist
- What's next for the Afghanistan War Commission
- Advocating for Afghanistan allies



Supporting Military Families

- Meet the CEO of National Military Family Association
- Meet the founders of Wives of the Armed Forces
- Meet the widow of the PACT Act's namesake

Revisit the past 300+ episodes

Suggest a guest or host

The American Legion

700 N. Pennsylvania St. P.O. Box 1055
Indianapolis, IN 46206

View Online

Manage preferences | Unsubscribe