From: The American Legion
To: Library Division
Subject: [EXTERNAL] - Concerns for Afghan allies
Date: Monday, February 3, 2025 10:29:22 AM

New executive order leaves family members of active-duty servicemembers and others in limbo, North Korea lashes out at U.S. and time is running short for Ukraine are among the top stories from the weekend.

AMERICAN LEGION | ONLINE UPDATE

Trump urged to restart Afghan evacuations, North Korea responds to being called ‘rogue’ state by U.S., Ukraine losing ground to Russia and all three Black Hawk crew members killed in collision identified.

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Department of New Jersey creating more housing for homeless, at-risk veterans

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Helping a Vietnam veteran coping with PTSD.

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From: The American Legion
To: Library Division
Subject: [EXTERNAL] - Guantanamo holding suspected gang members
Date: Thursday, February 6, 2025 11:15:07 AM

About 300 U.S. troops are working to expand the center's migrant capacity to hold thousands more deported migrants.

AMERICAN LEGION | ONLINE UPDATE

Guantanamo holding suspected gang members

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Legionnaire to promote Be the One during 2,200-mile hike along Appalachian Trail

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Disaster response, a Salute to Heroes and benefits secured for disabled veterans

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Navy's first Black female helicopter pilot shifts mindsets with character test

Dr. Kamin Samuel is this week's special American Legion Tango Alpha Lima podcast guest where

she shares her “thriving to surviving” journey from the military to civilian life.

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Lifestyle medicine ‘critical to my recovery and overall health’

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From: The American Legion
To: Library Division
Subject: [EXTERNAL] - Training near the Korean border
Date: Monday, February 10, 2025 10:55:58 AM

U.S.-South Korean combat drills spark the North's ire, while progress slows in Mideast cease-fire talks and Afghan allies are in limbo are among the top stories from the weekend.

AMERICAN LEGION | ONLINE UPDATE

5 Things to Know

North Korea denounces U.S.-South Korean military exercise, Trump repeats pledge to take control of Gaza and Marine killed in Philippines crash identified.

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Hours spent by Legionnaires in freezing weather to raise awareness about veteran homelessness and suicide

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From: The American Legion
To: Library Division
Subject: [EXTERNAL] - Hesgeth warns NATO
Date: Thursday, February 13, 2025 11:06:49 AM

Defense Secretary says allies must show more urgency against a more aggressive Russia.

AMERICAN LEGION | ONLINE UPDATE

Russian belligerence ‘a factory reset’ for NATO, Hegseth says in call for allies to step up

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Hurricane Helene cleanup efforts just part of post's impact on community

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Who is MandatoryFunDay?

Army 1st Lt. Austin von Letkemann, better known by his Instagram handle, shares his rise to fame as a comic influencer on this week's Tango Alpha Lima podcast.

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Breaking generational cycles with lifestyle medicine

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Training gives Legion attendees tools to support organization, community

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Attending Super Bowl an ‘unbelievable’ experience for Maine Legionnaire

Legion post helps provide **Super Bowl party for soldiers** stationed in South Korea

Legion, SBA hosting conference for veteran, military spouse small business owners

Palisades post **helping its community recover** from wildfires.

Legion reaffirms support for MISSION Act and community care.

Videos promo American Legion **youth programs**.

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From: The American Legion
To: Library Division
Subject: [EXTERNAL] - U.S. airstrike kills ISIS militants
Date: Monday, February 17, 2025 8:54:15 AM

U.S. targets ISIS in Somalia for second time this month, America and Russia will hold peace talks, and administration halts firings of hundreds of nuclear workers.

AMERICAN LEGION | ONLINE UPDATE

5 Things to Know

U.S. kills two ISIS militants during airstrike in Somalia, Russia to hold peace talks with U.S. counterparts, and administration halts firings of hundreds of nuclear workers.

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Iowa puts action behind Be the One with QPR team

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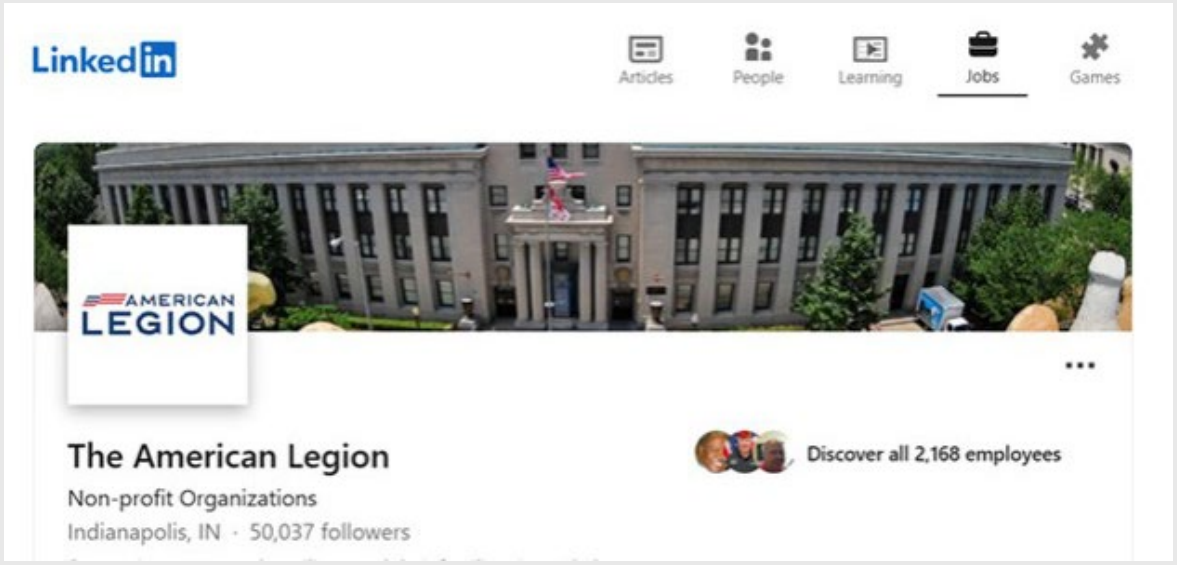

Legion's LinkedIn hits 50K followers;
what do you want to see there?

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How long should you **keep financial records**?

Check out **three documentaries about veterans** for Black History Month.

Task Force Movement awards scholarships.

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From: The American Legion
To: Library Division
Subject: [EXTERNAL] - A U.S. show of force
Date: Thursday, February 20, 2025 9:54:03 AM

B-1 bombers fly over South Korea in effort to ‘deter and respond to North Korea’s nuclear and missile threats.’

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B-1 bombers fly over South Korea in show of force against North’s threats

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Year Three of Putin’s three-day war

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90 minutes to save a veteran

What to know about moving abroad

Army veteran John Davis shares his experience and tips for living abroad as the special guest on this week's Tango Alpha Lima podcast.

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Lifestyle medicine: ‘an inspiration to practice what I preach’

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Here’s how to catch a new movie about **life after the Iraq War**.

A bright idea kicks off America 250 initiative.

A record year for American Legion **Buddy Checks**.

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From: The American Legion
To: Library Division
Subject: [EXTERNAL] - More firings at Pentagon?
Date: Monday, February 24, 2025 11:16:39 AM

Defense Secretary Hesgeth defends dismissals, says additional ones may be on the way. Today's top 5 also includes stories on the third anniversary of Russia's invasion, Palestinian officials calling Israel's move into the West Bank a “dangerous escalation” and more.

AMERICAN LEGION | ONLINE UPDATE

5 Things to Know

Hegseth defends firing of top military officials, hints more may be coming; U.N. expected to vote on dueling Ukraine resolutions; Israeli tanks roll into West Bank for first time in decades.

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Iowa creates QPR team

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Sign up for Tuesday's training

Legion, SBA team up to assist current, prospective veteran small business owners

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Your guide to Washington Conference

The Legion's agenda for Congress

The American Legion will emphasize preventing suicide, boosting community care, improving military quality of life, ending veteran homelessness, securing our borders and other topics. **READ MORE >**

When, how to watch

National Commander LaCoursiere's testimony before Congress among the conference's highlights. **LEARN MORE >**

Legion Family members lay wreaths ahead of Washington Conference

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From: The American Legion
To: Library Division
Subject: [EXTERNAL] - "A matter of national security"
Date: Thursday, February 27, 2025 11:17:39 AM

American Legion National Commander James LaCoursiere addresses key priorities including military readiness, balanced approach to community care and more.

AMERICAN LEGION | ONLINE UPDATE

Commander to Congress: ‘Change the narrative’

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LaCoursiere pledges support for troops, veterans and their families ahead of testimony

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LEGISLATIVE PRIORITIES

North Korea reportedly sends more troops to Russia amid Ukraine war

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What Be the One resources are most useful?

March sessions now available

Your guide to a healthy heart

In honor of Heart Healthy Month, Dr. Columbus Batiste, an interventional cardiologist, shares his guidance as the special guest on this week's Tango Alpha Lima podcast.

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Full coverage from Washington Conference

Veterans Health Care

- 'The best day for a veteran is lying ahead of us.'
- Veteran suicide is preventable, VA official says
- 'We warriors, we don't share our pain.'

Commission Meetings

- VA vows to keep mission on track
- A historic gathering on the Hill
- 'Homelessness among veterans is

an epidemic.’

- An update on military readiness.

Honors and Awards

- Public Service Award goes to veteran serving in Congress
- Legion presents VA physician and provider of the year awards

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